

Practice Chart: Term 1, 2016

Goal: 5 practices per week

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total	
Jan	25 Jan	26	27	28	29	30	31		
Feb	1 Feb	2	3	4	5	6	7		
	8	9	10	11	12	13	14		
	15	16	17	18	19	20	21		
Mar	22	23	24	25	26	27	28		
	29	1 Mar	2	3	4	5	6		
	7	8	9	10	11	12	13		
	14	15	16	17	18	19	20		
	21	22	23	24	25	26	27		
Apr	28	29	30	31	1	2	3		
	4	5	6	7	8	9	10		
Grand Total									

How did you score?

- 50-77 (5 or more per week) Excellent! You receive the Gold Practice Award!
- 40-49 (4 per week) You win the Silver Practice Award. Try for gold next term?
- 30-39 (3 per week) More practice needed. Let's talk about your practice routine.
- 0-29 (2 or less per week) Something is seriously wrong here. We need to talk...

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Apr	28	29	30	31	1	2	3		
	4	5	6	7	8	9	10		
Grand Total									

How did you score?

- 45-70 (5 or more per week) Excellent! You receive the Gold Practice Award!
- 36-44 (4 per week) You win the Silver Practice Award. Try for gold next term?
- 27-35 (3 per week) More practice needed. Let's talk about your practice routine.
- 0-26 (2 or less per week) Something is seriously wrong here. We need to talk...